Blossoming garden flowers favoured by bumblebees

Guidelines: Only use open-flowered varieties rather than double ones Plant in drifts Choose multi-headed plants Aim for a short list of varieties but plant in masses Omit begonias, petunias, pansies and scarlet geraniums Avoid chemical insecticides and particularly neonicotinoids

		Super flowers	Super flowers
Annuals	Cosmos Field poppy Nasturtium Cornflower Malva Scabious Borage Sunflower		
Biennials	Antirhinum Foxglove Echium Hollyhock Lobelia speciosa Salvia fulgens Campanula Lupin		
Perennials	Cranesbill geranium Wallflower Pulmonaria Hellebore Catmint Knapweed Stachys		

Others	Daffodils Dahlia Crocus Bluebell Cyclamen		
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Also include shrubs such as roses, and trees to provide vital forage 12 months of the year (see separate sheet)

There is also a list of wildflowers for the rougher parts of the garden (see separate sheet)

A full list of suitable plants to provide nectar and pollen can be seen at <u>www.bumblebeeconservation.org</u>

Notes:

For a quick splash of colour buy plants in bloom. Annuals bloom a month later than perennials. Biennials will not bloom in the first year. These plants will be good for other pollinators too (and creatures that feed on them).

Adrian Doble (January 2020) WildCookham and The Bumblebee Conservation Trust